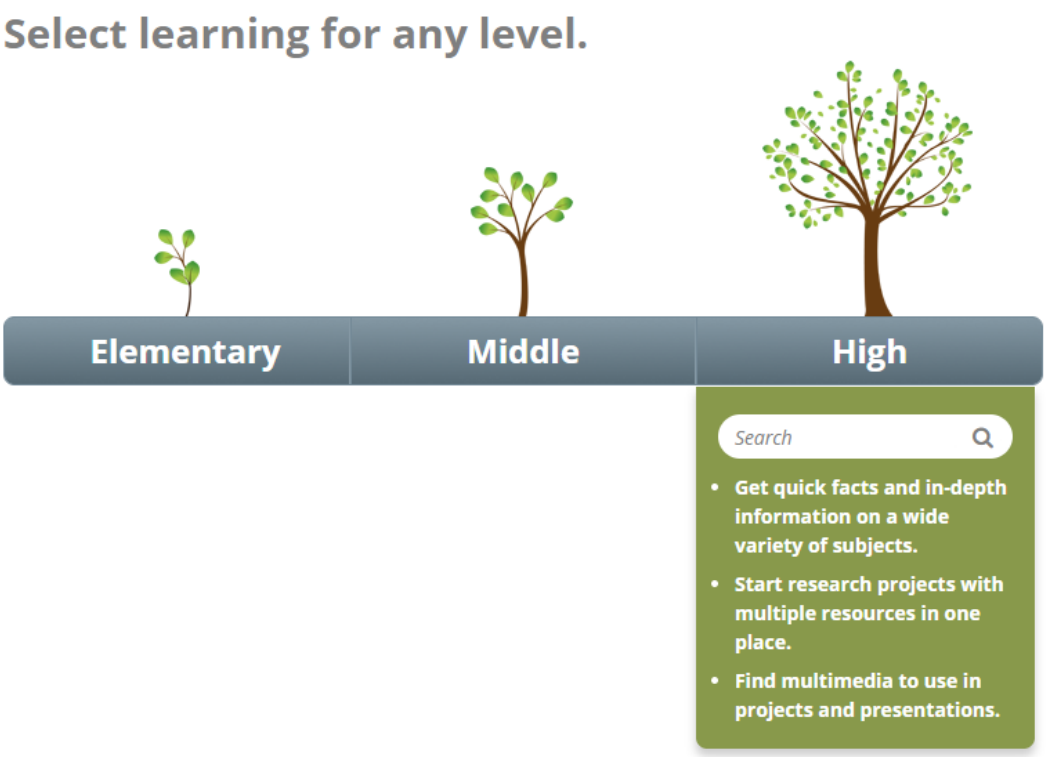
MHS LIBRARY RESOURCE GUIDE

Health, Child Psychology, and Food Services Edition

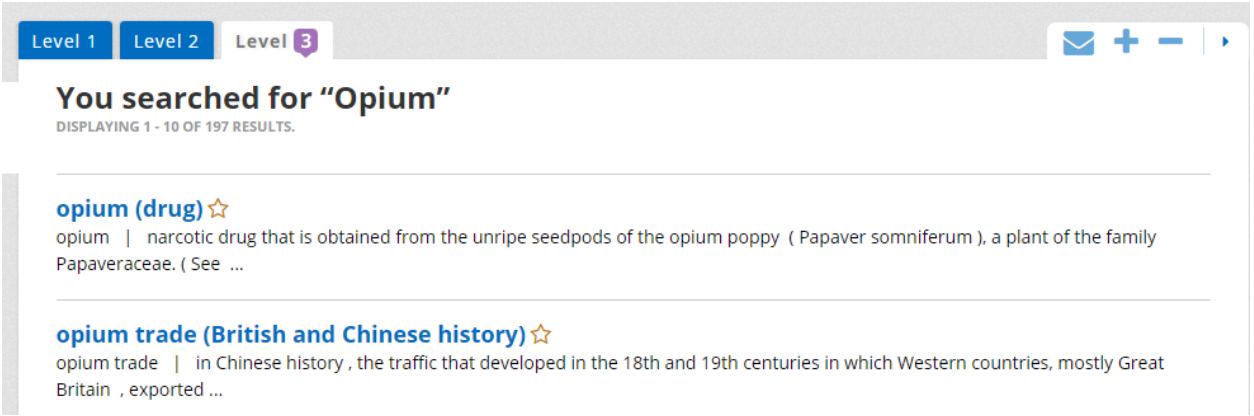
URL:[1] http://www.galepages.com/mlin_c_milfhs

[1] Also available through the library's homepage at milfordpublicschools.com

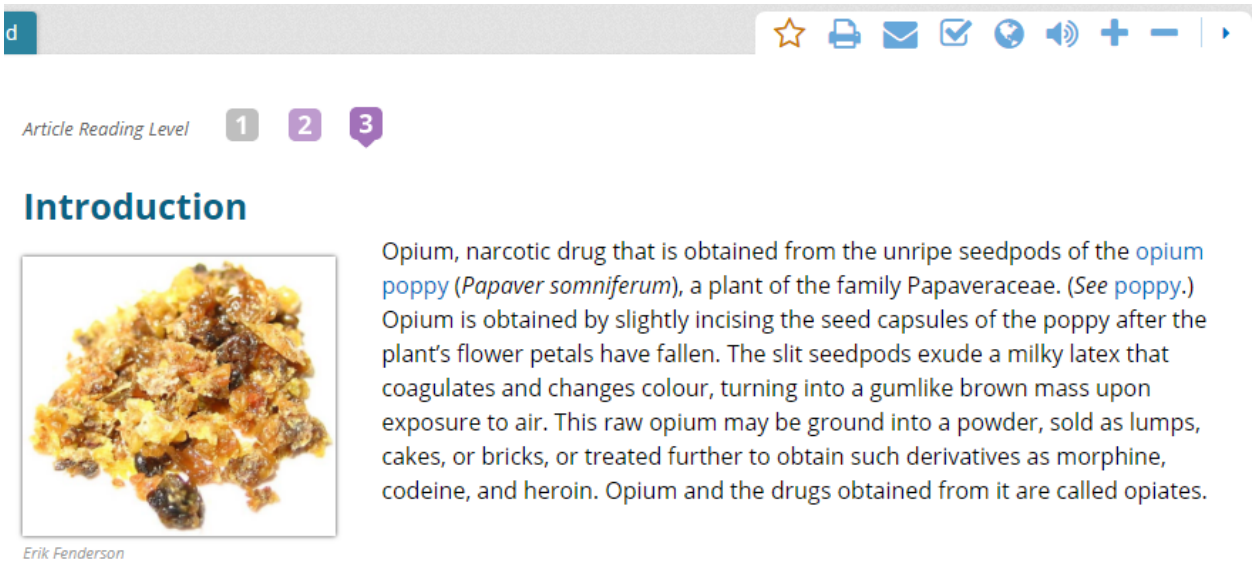
Use this for general overviews of particular topics. This is a good alternative to Wikipedia, especially Wikipedia entries that are still under development.



Start with High School. For students having difficulty you can adjust the reading level within the search results by selecting a different level (1= Elementary School; 2=Middle School; 3= High School).



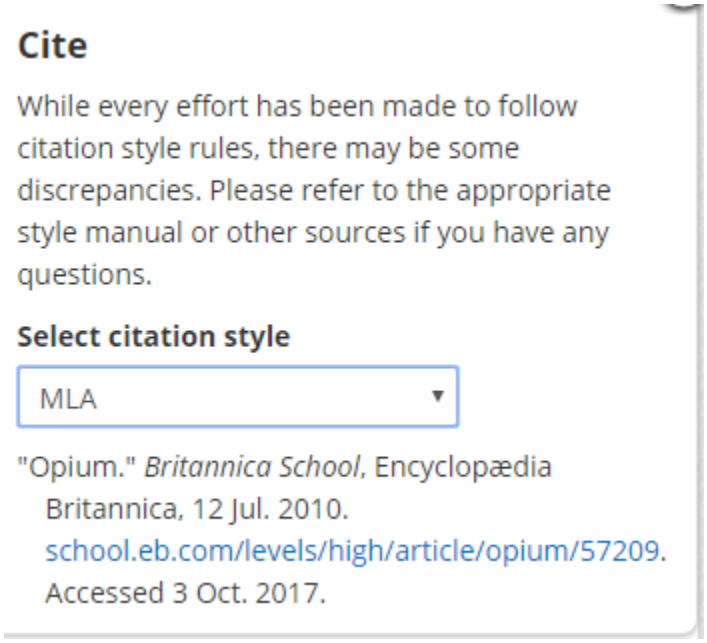
The article itself has many features:



It can be translated to virtually any language by selecting the icon.

It can be read aloud by clicking the , which is especially useful for EL students

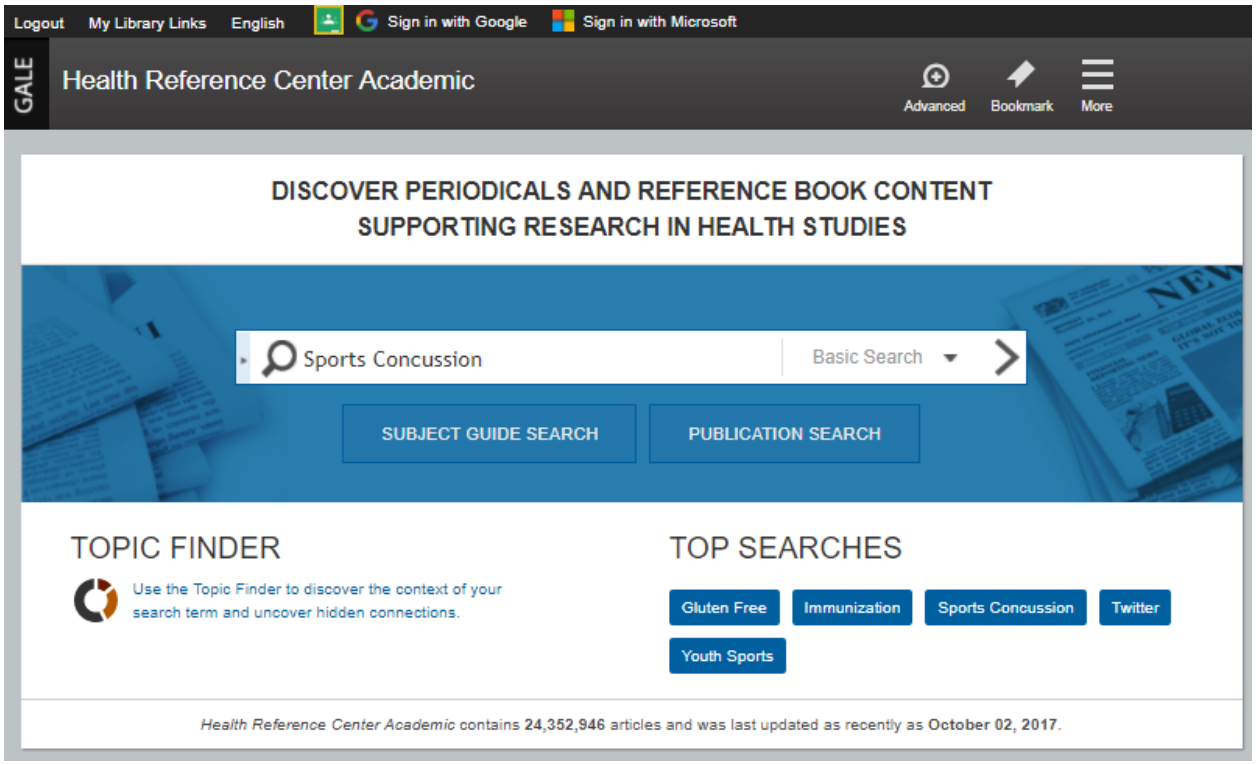
It can be cited by clicking the icon. The system can cite in APA, MLA, Chicago and Harvard:



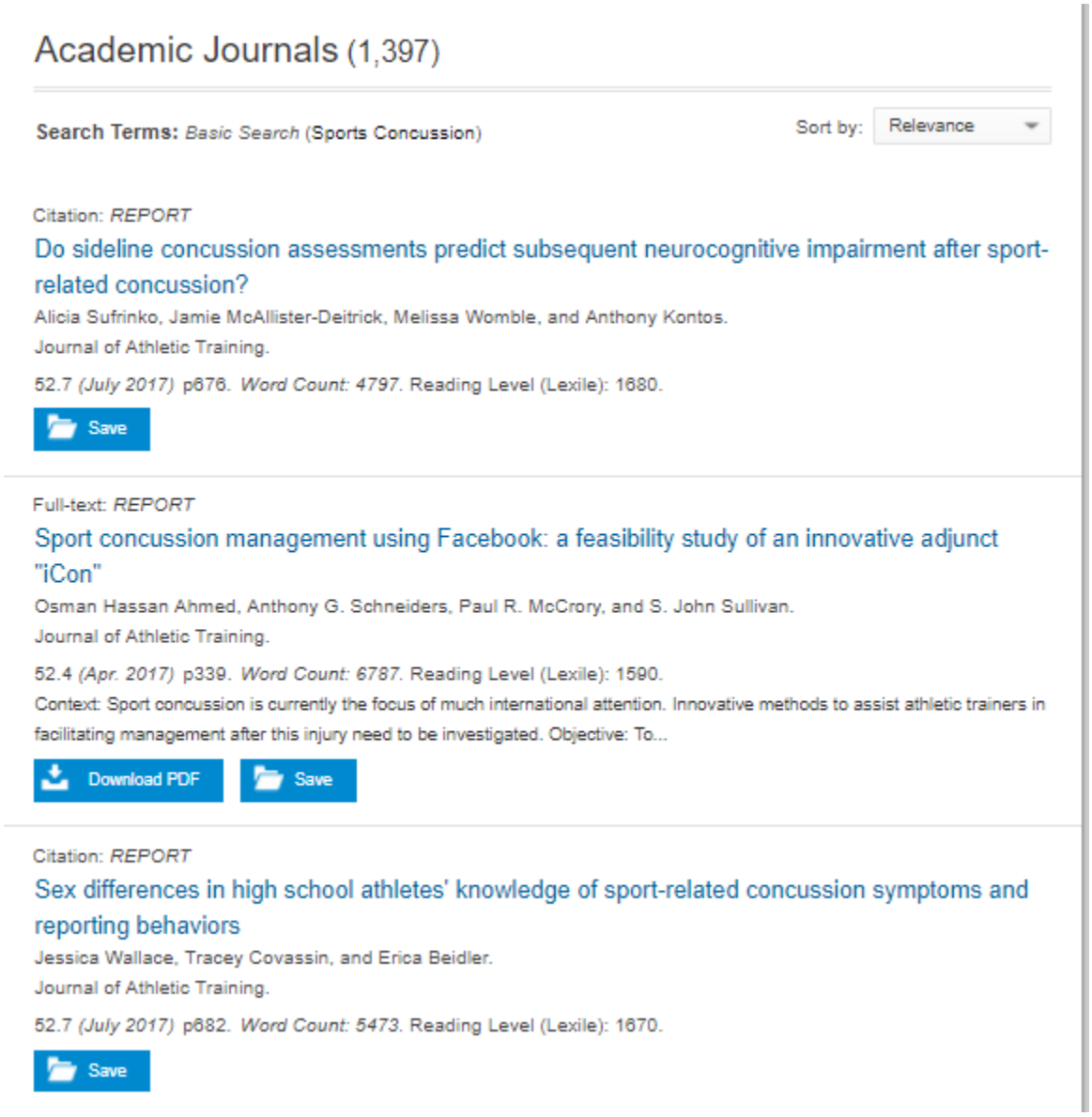
You can also email an article to your entire class by selecting the , and adding a special email list.

Health Reference Center Academic is for learning about current research in the health sciences. This is a more advanced database.

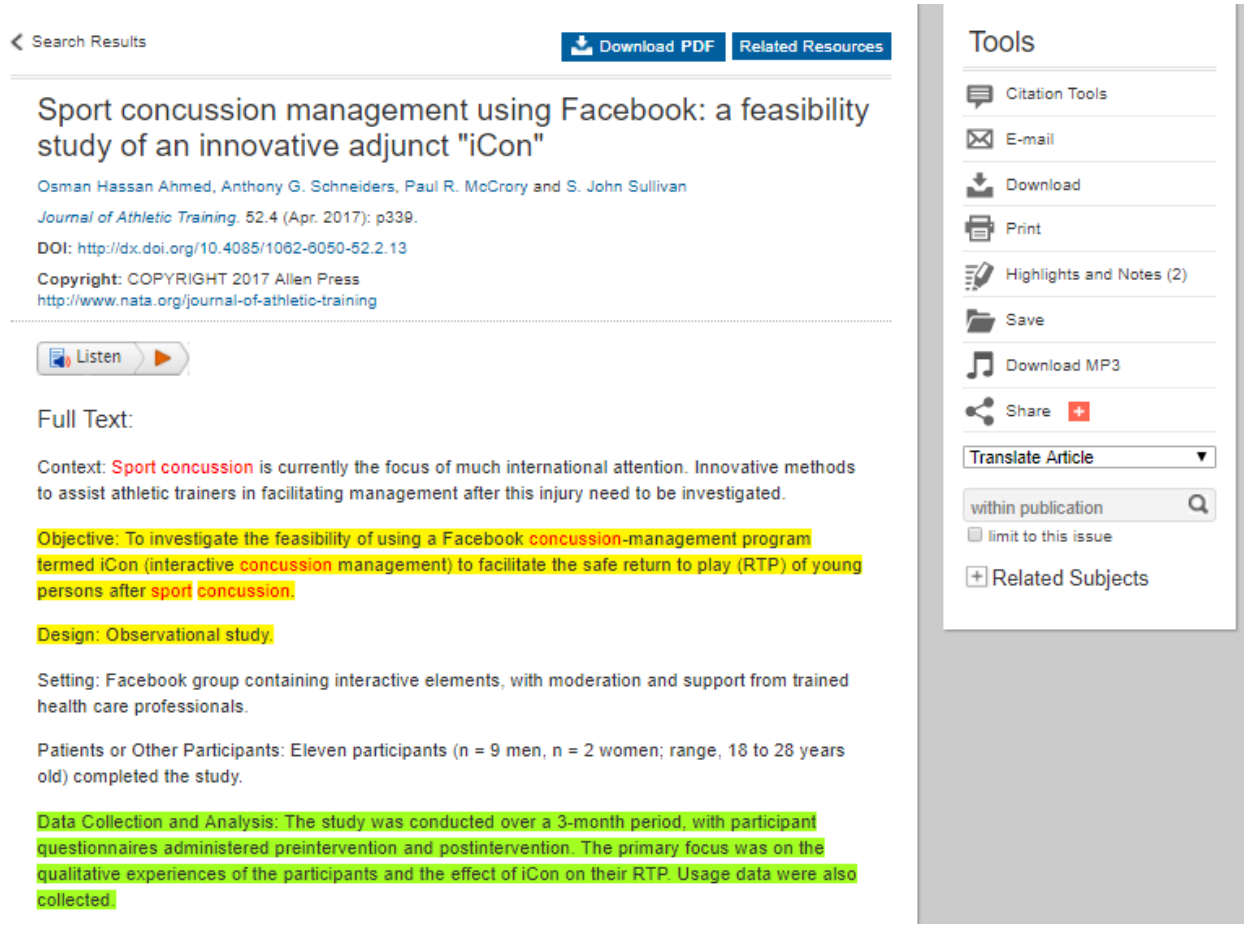
Search by keyword or use the more advanced search functions (author, periodical title, etc.). You can also use "Topic Finder" which will select resources for you (discussed below).



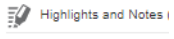
Articles can be sorted by date or relevance. See the variety below. If it says "Citation" it means you don't have access to the entire article. If it says "Full-Text" it means you do.

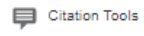


Each article has several "tools" you and your students can use.



To add highlights, simply click the mouse and scroll over the text you want to highlight. A box will appear that lets you choose the color and add notes.

To view all highlights and notes, select  **from the tool bar.**

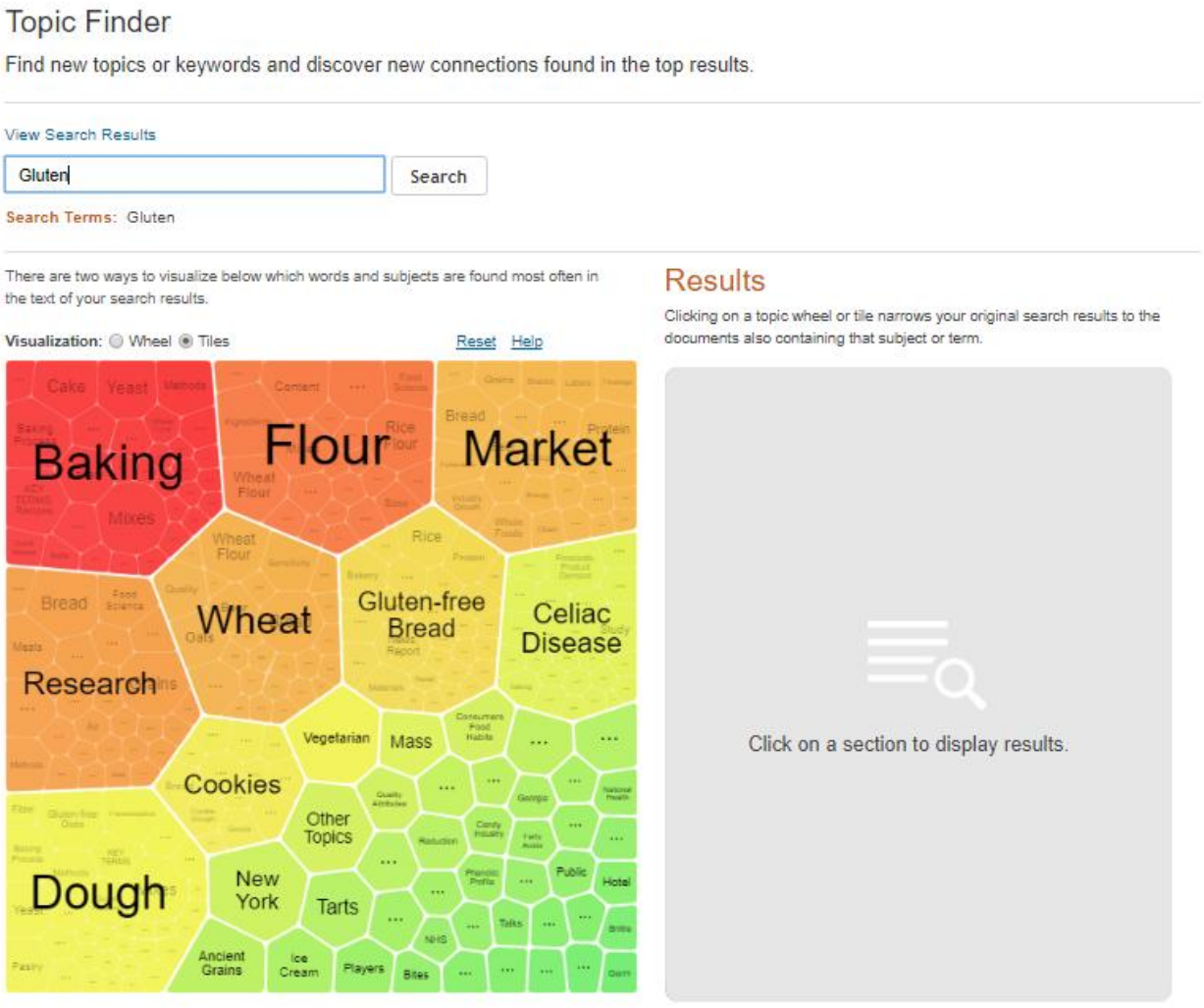
To cite the source (APA, MLA, Chicago, Harvard) select  **from the tool bar.**

To save to your Google drive, select **from the toolbar.**

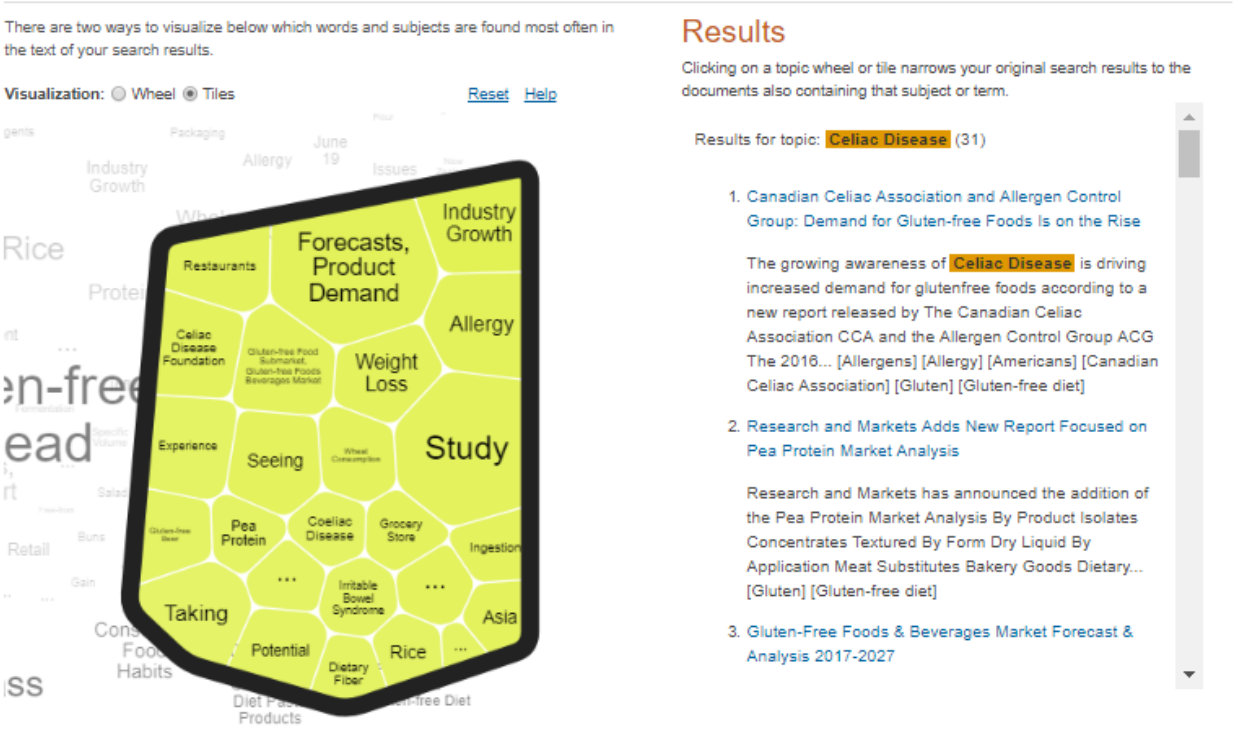
To share an article via Social Media select **from the toolbar.**

Culinary Arts Collection works like all the other databases and has the same tools available, so here we will use the "Topic Finder".

Start by typing in a keyword. After the initial analysis, you will get a word-graphic with various sub-topics related to gluten.

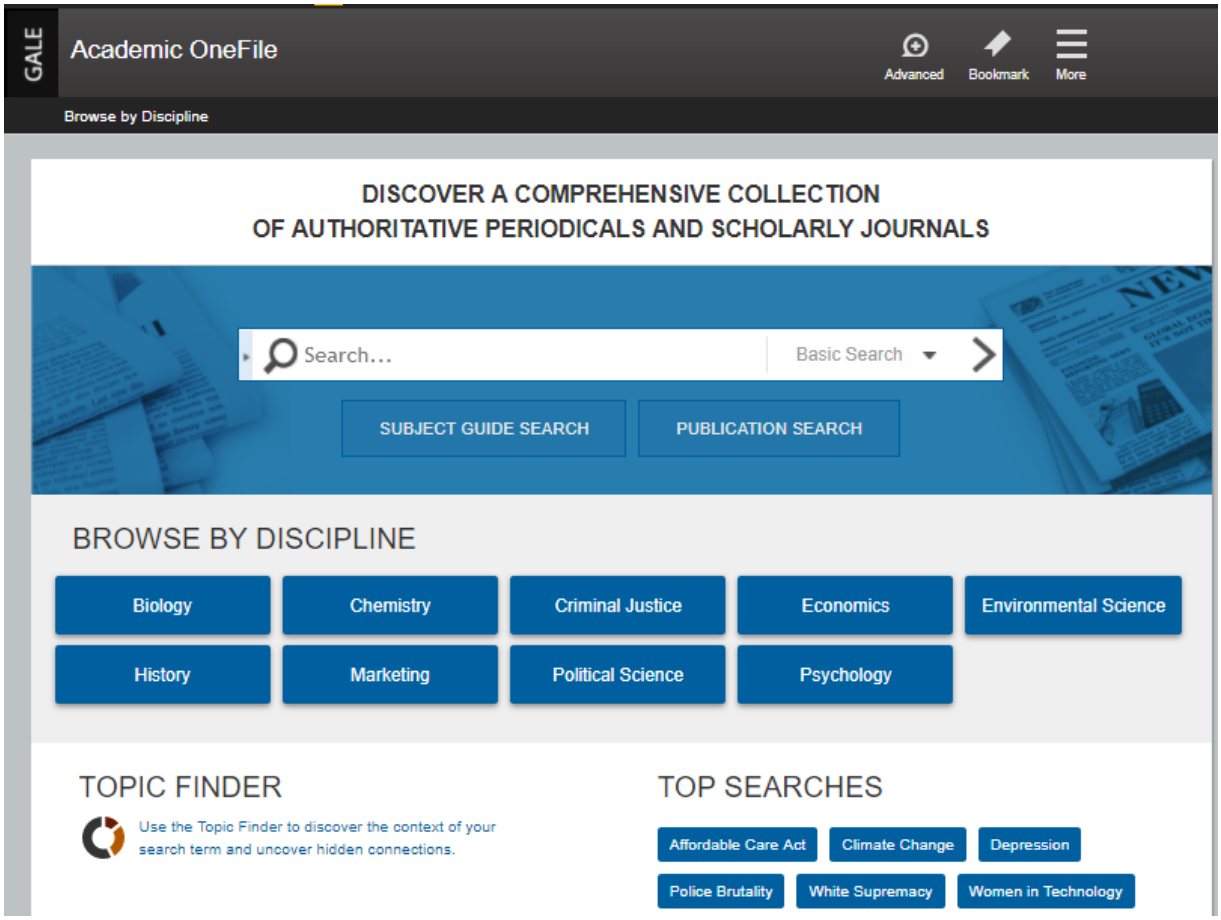


Selecting one of those begins to show articles on the right.



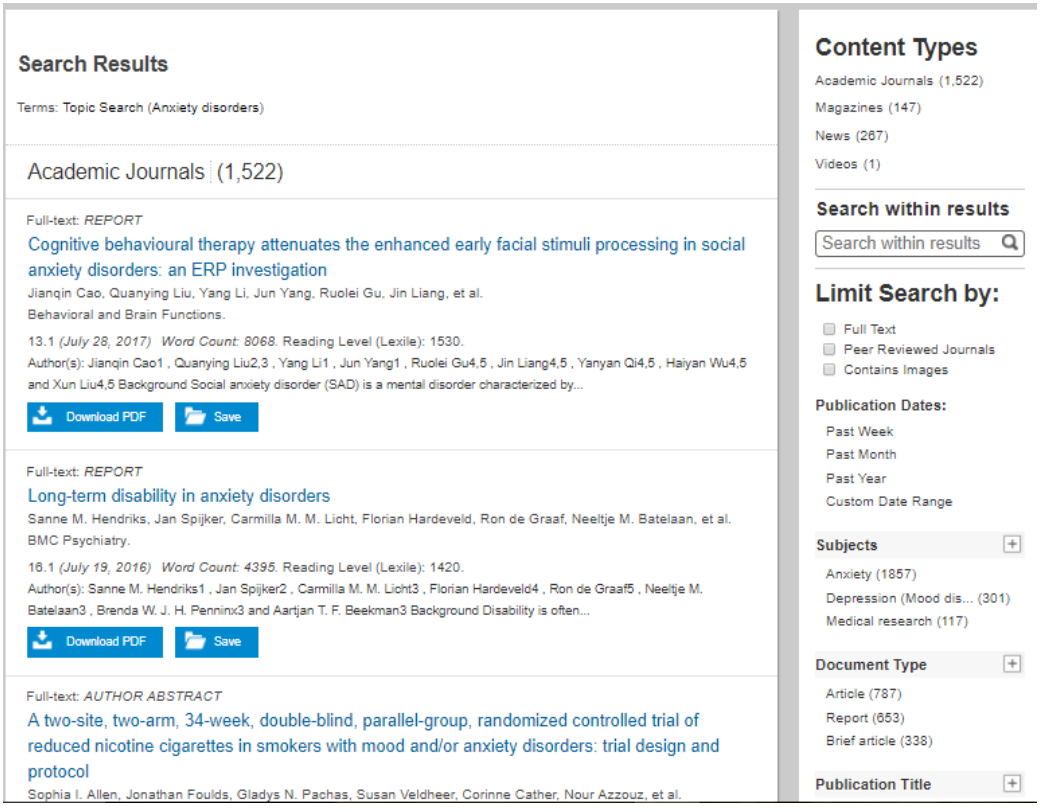
You can further refine your topic by continuing to select words from the word-graphic on the left.

Academic OneFile searches all databases across disciplines.

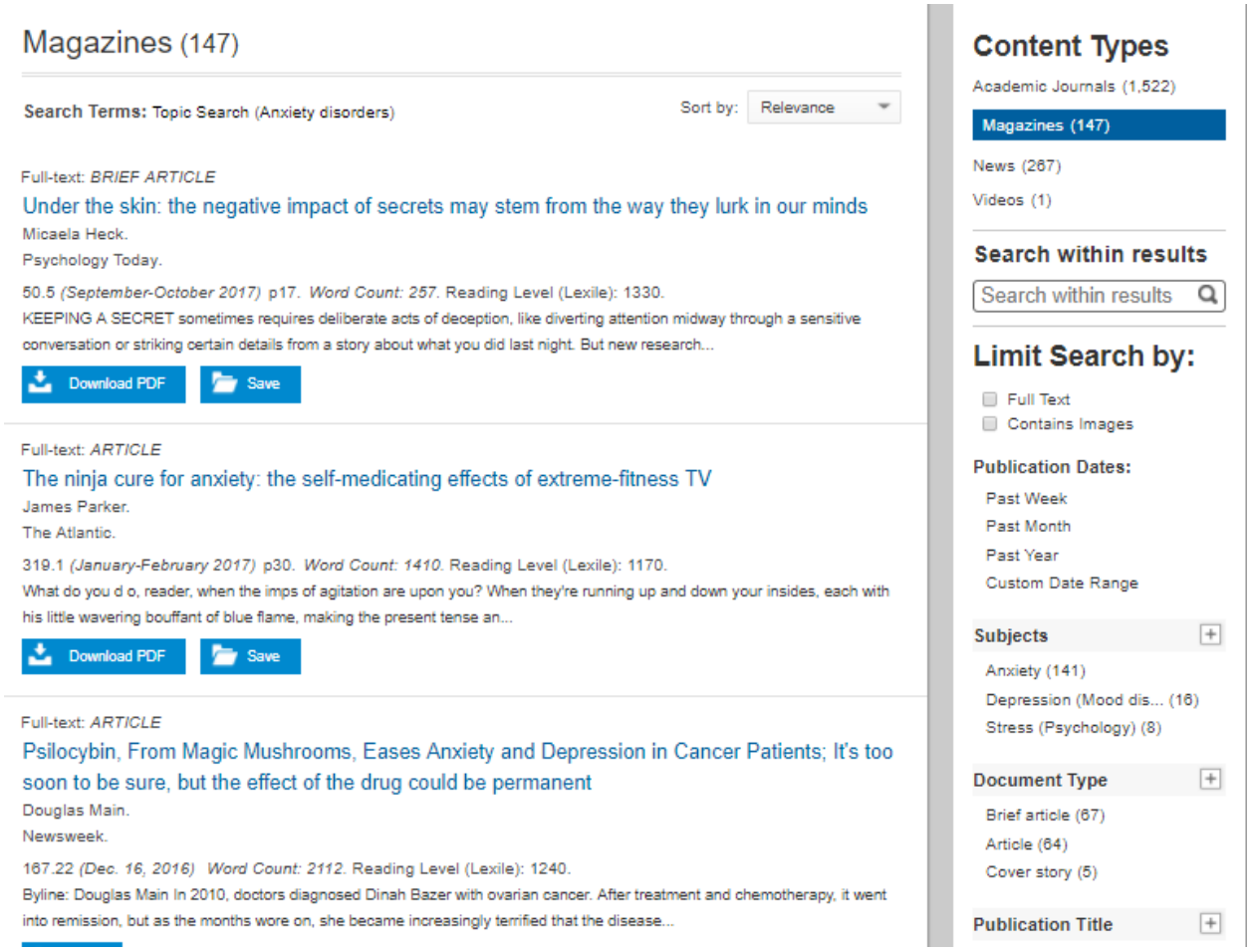


The best use of Academic OneFile is to 'Browse by Discipline'. By selecting a discipline, you'll then see that discipline divided into several sub-categories:

Selecting any of these sub-categories will reveal articles:



For certain projects or groups of students, it makes sense to skip the academic articles altogether and utilize the magazine articles, which provide more engaging readings that summarize important implications of various studies:



Magazines (147)

Search Terms: Topic Search (Anxiety disorders)

Sort by: Relevance

Full-text: *BRIEF ARTICLE*

Under the skin: the negative impact of secrets may stem from the way they lurk in our minds

Micaela Heck.

Psychology Today.

50.5 *(September-October 2017)* p17. *Word Count: 257.* Reading Level (Lexile): 1330.

KEEPING A SECRET sometimes requires deliberate acts of deception, like diverting attention midway through a sensitive conversation or striking certain details from a story about what you did last night. But new research...

Download PDF Save

Full-text: *ARTICLE*

The ninja cure for anxiety: the self-medicating effects of extreme-fitness TV

James Parker.

The Atlantic.

319.1 *(January-February 2017)* p30. *Word Count: 1410.* Reading Level (Lexile): 1170.

What do you d o, reader, when the imps of agitation are upon you? When they're running up and down your insides, each with his little wavering bouffant of blue flame, making the present tense an...

Download PDF Save

Full-text: *ARTICLE*

Psilocybin, From Magic Mushrooms, Eases Anxiety and Depression in Cancer Patients; It's too soon to be sure, but the effect of the drug could be permanent

Douglas Main.

Newsweek.

167.22 *(Dec. 16, 2016) Word Count: 2112.* Reading Level (Lexile): 1240.

Byline: Douglas Main In 2010, doctors diagnosed Dinah Bazer with ovarian cancer. After treatment and chemotherapy, it went into remission, but as the months wore on, she became increasingly terrified that the disease...

Content Types

Academic Journals (1,522)

Magazines (147)

News (267)

Videos (1)

Search within results

Search within results

Limit Search by:

Full Text

Contains Images

Publication Dates:

Past Week

Past Month

Past Year

Custom Date Range

Subjects

Anxiety (141)

Depression (Mood dis... (16)

Stress (Psychology) (8)

Document Type

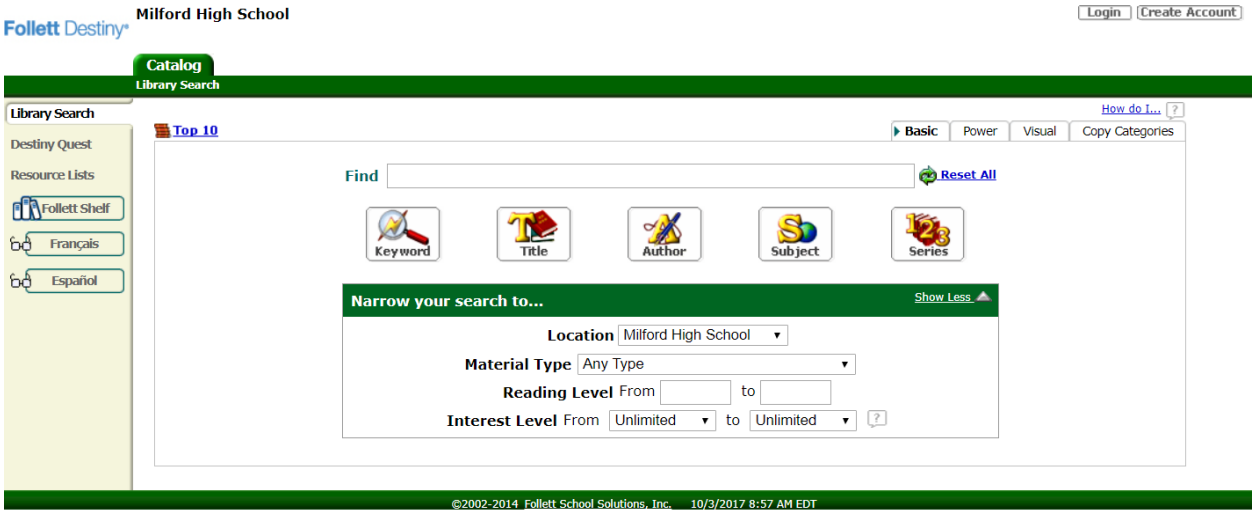
Brief article (67)

Article (64)

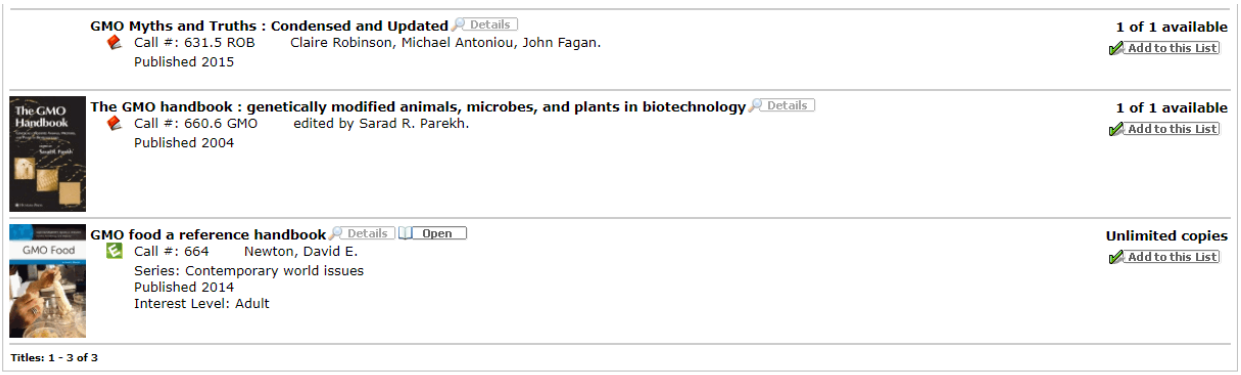
Cover story (5)

Publication Title

For books and eBooks in the library, use Destiny



Search by keyword:



Print books will have a icon, eBooks will have a icon, videos will have a icon.

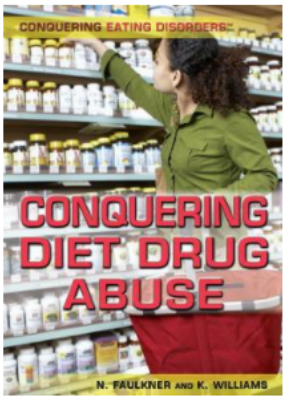
To access an eBook, you will have to sign up for an account (select "create account" in the top right corner)

Some eBooks have unlimited access, meaning an entire class can look at the same book at the same time. Others limit the amount of users to as few as one at a time.

If you notice a shortcoming in the library's collection, you can use Follett's Titlewave to find books, videos, and eBooks, and recommend them for purchase.

Follow the steps online to create an account. Once you have, use the search functions to locate titles. For the example, I searched for "diet drugs".

A multi-user eBooks is only $49.43.



Preview

Conquering diet drug abuse (#516GMS7)

by Faulkner, Nicholas

Best of Titlewave

1 review or award | 1 full-text review

Follett eBook (multi-user access) — Rosen Publishing, 2016

Price: $49.43

Unlimited users per copy. Buy one copy per school for unlimited, simultaneous access to this Follett eBook.

Description: **1 online resource (64 pages) : color illustrations, digital.**

Dewey: **615.7**; Int Lvl: **YA**

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Once the list is complete, you can share it with me by selecting the "share" option and inputting my email address (njmolinari@milfordma.com). This is one of the most important ways to build a library collection (via faculty recommendations).

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Conquering diet drug abuse by Faulkner, Nicholas (#516GMS7)

Follett eBook (multi-user access) — Rosen Publishing, 2016

Price: $49.43

Unlimited users per copy. Buy one copy per school for unlimited, simultaneous access to this Follett eBook.

Dewey: **615.7**; Int Lvl: **YA**

Tags: Drugs, Alcohol & Substance Abuse | Includes Glossary | Includes Index

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